

THE 2015 INTERNATIONAL CONGRESS ON

# NATURAL MEDICINE

THE MOST SIGNIFICANT ANNUAL EVENT HELD IN THE NATURAL MEDICINE INDUSTRY

Saturday 6<sup>th</sup> - Monday 8<sup>th</sup> June | Pullman Melbourne Albert Park



 **Metagenics**  
Genetic Potential Through Nutrition





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## Your Invitation

The Metagenics International Congress on Natural Medicine has earned the privilege of being recognised as the most significant educational event in our industry. We are pleased to invite you to join us in Melbourne in 2015. This gives us the chance to come together as an industry with like-minded people for an enthusiastic and insightful long-weekend. By taking advantage of this early invitation you can secure your place in Melbourne before the detailed invitation is released to the wider healthcare community. We encourage you to book in and pay in full now to secure your seat to avoid disappointment.

## The Event - Advances in Cardiometabolic Health

Congress 2015 will be focussing on the major causes of death and disability in our community today – cardiovascular disease, diabetes and obesity. Perhaps more than any other diseases, these are symptomatic of our modern diets and lifestyles, growing to epidemic proportions over the last quarter of a century in all western societies around the world. There has even been a term coined for this association – diabesity, the preponderance of chronic disease brought about by the intersection of a plentiful supply of refined and easily absorbed calories and the rapidly vanishing need to exert any form of physical activity. It is clear from an evolutionary point of view that those of us in the affluent west are profoundly maladapted to our current diet and lifestyle. It is also clear that one of the greatest tools for intervention in this area of health care is the use of natural, integrative medical approaches designed around diet and lifestyle modification and nutritional intervention. Truly, you can't medicate your way out of a problem you eat your way into.

Join with internationally renowned clinicians and research scientists for a clinically-focussed review of the latest breakthroughs in the assessment and management of metabolic disorders. Explore in detail the role of insulin signalling, chronic low grade inflammation, mitochondrial dysfunction, chronic infection, gut health and toxic load on your patients risk to heart disease and obesity. Receive breakthrough information on advances in lipid management, hypertension, endothelial dysfunction and the role for nutritional medicines, herbs and lifestyle interventions. The 2015 International Congress on Natural Medicine will give you the tools, knowledge and confidence you need to take your treatment of these conditions to new levels of effectiveness, in a supportive learning environment surrounded by your peers. Rediscover your passion for the practice of Natural Medicine at Congress 2015.

## The Location

The Pullman Melbourne Albert Park will be the venue for the 2015 Metagenics International Congress on Natural Medicine. The Pullman Melbourne provides a sense of space and comfort, with many rooms overlooking the stunning Albert Park Lake or the sunsets over Port Phillip Bay. The Pullman features a magnificent restaurant, lounge, bar and café as well as a health centre with a fully equipped gymnasium, heated indoor pool, spa and sauna. The Pullman is also one of Melbourne's largest and most comprehensive conference and convention venues.

## Pullman Melbourne Albert Park

65 Queens Road  
Melbourne VIC 3004  
Australia

## WE LOOK FORWARD TO SEEING YOU THERE.



